# health and Online Wellness

# Healow<sup>®</sup> Contactless CHECK-IN Patient Instructions

#### 1. Appointment Confirmation – TEXT

The Appointment Confirmation text message will allow you to confirm or cancel your scheduled appointment by clicking on the link in the text message and making your selection in the browserpage that opens. You will confirm or cancel your appointment by clicking on the relevant button, which will automatically update your appointment status.

You can add your appointment to your phones calendar by clicking on the Add to icon next to the appointment date and time; you will then get a reminder 15 minutes prior to your appointment.

You can even map the route to the office by clicking on the Arrow next to the office address andyou can call the office directly by clicking on the phone number. The "I have arrived" button will remain grayed out until the day of your appointment; this will be reviewed later in this document.

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Valley Pain Consultants C PHX AZVPC: We have an appointment scheduled fi today at 2:30 PM. Please	or you		Monday, January 31, 2	:30 PM MST Add				English O		
following link to complete check in. When you arriv the I HAVE ARRIVED BUT come in to the waiting row in your car until we mess	e your ve click on 'TON om or wait				9	сн		Hello Hale I to your ap	100 and and	nt
https://msq.fm/			Conta	ctus at :		Patient's Date	of Birth			
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### 2. Check-in and Patient Verification

You will enter your date of birth and click on the Start CHECK- IN to begin the verification process by either clicking Voice (phone call) or Text to receive a one-time passcode.

Once you receive the one-time passcode, you will enter it in the box provided. Keep in mind, the code will expire in 5 minutes. If you did not receive the code, you may click the request new code icon to receive a new passcode.

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Valley Pain Central Ph	Consultants IX AZVPC	Let's Verify	Your Account			
Engli	sh o	app	ur phone number for this ointment. Ione Number	Enter the v	verification	10
Hello CHECK-IN to yo		100	• *** • 8696 eceive the verification code?		676249	
Patient's Date of Birth 11 / 15	/ 1990	% Voice Message	Text Message	Didn't rec	will expire in 5 minute eive verification code epuest.new.code	
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#### 3. Demographics Update

If needed, you will be able to verify and/or update your demographics; your address, home and cell phone numbers, email address, and emergency contacts all through your phone keeping your information up to date.

Reminder to click save after you make any updates and or changes. You can complete CHECK-IN days before your appointment!

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8 Additional Contact	Add Contact		I	Loo	ks good
e need this alternate contact informat ach out in case of an emergency	tion, so that we can				
Franco,Luiz	0	Cancel	Save		
Is the above information ac	curate ?	to the ab	ove information accurate ?		
			Looks good	Loo	
Looks good					



#### 4. Insurance Update

Click on "Add New Insurance" and once you have made any changes you can then capture a picture of your new card by clicking on the capture front image and capture back image, if these look good click "Looks Good."

This will be marked reviewed, and time stamped then placed in your medical chart.

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Valley Pain Consultants Cen Insurance	Itral PHX AZVPC	Ado	I New Insurance		Insurance card image has b successfully	een uploaded
Please click on '	Add' to add insurance	C	apture front image		Capture front ima	
		C	apture back image		Capture back ima	
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#### 5. Consent Forms

You will be prompted to accept patient consent form electronically (if you have not accepted it in the past year). Once you have completed reviewing them, please click "Accept" to proceed.

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Valley Pain Consultants Central PH	IX AZVPC	Valley Pain Co	onsultants Central PHX /	AZVPC				
Consent(s)		Consent(s	;)					
Consent Form		Consent Fo	orm					
CONSENT TO			E OF PRIVACY PR ENVISION HEALT CORPORATION	HCARE				
and other Practice pr providing outpatient m supplies, services, equ items related to my hea determined to be new professional judgmen	Practice's physicians and their assistants and other Practice professional staff providing outpatient medical treatment, supplies, services, equipment and other items related to my healthcare to me as determined to be necessary in their professional judgment. I have been			THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.				
informed of the nature a treatment, and potenti effects thereof, as we treatment modalities, t estimated duration of m that I am able to withdra treatment either orally o time, prior to or during	ial common side as alternative the approximate my treatment, and aw my consent for or in writing at any	we are health in to our a care, a	ealth information is committed to prol nformation is also ability to provide ye and to comply with brice applies to all	tecting it. Your very important ou with quality certain laws.				
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## 6. Update History

You can view and validate your current medication, allergies, surgical history, and hospitalization history in your medical chart.

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Boca South		Boca South	_
Medications	Advil 200 MG 1 tablet as needed Orally every 6 hrs	Please review your allergies below	Name Reaction
Please review your medications below Advil 200 MG 1 tablet as needed Orally every 6	Xyzal 5 MG 1 tablet in the evening Orally Once a day	Allergies	Penicillamine hives Please comment if any changes are required in allergy information
hrs Xyzal 5 MG 1 tablet in the evening Orally Once a		Name Reaction	I am also severely allergic to peanuts- results in anaphylaxis
day		Prevailamme neves Please comment if any changes are required in allergy Information Add your comment	
Please comment if any changes are required in medication information Add your comment	Please comment (1 any changes are required in medicino Information Only faiting Advil as needed 1-2 times a week Ayzal is still accurate (1 have started using Plenase as well )	Next	



## 7. Arrived / Check-in Completed

You will receive an automated text the day of your appointment, one hour prior to your appointment reminding you of your appointment time, including the link to complete the Check-Inprocess. If you have already updated your information, you will see Check-In Completed.

You will also see the "I Have Arrived" button; you will click this once you arrive at the office. Youwill notice a message showing that the office is aware you're here and will connect with you shortly when they are ready for you.

